



www.therapypartners.co.uk
enquiries@therapypartners.co.uk
0845 5274809



www.rewriteyourstory.org.uk
connect@rewriteyourstory.org.uk
0845 004 5777

Welcome to Therapy Partners & Rewrite Your Story!

Below you will find some information that may be useful prior to starting treatment.

Treatment Agreement

Before treatment commences we kindly request that you review and return a signed treatment agreement. This can be accessed online by clicking on the link below. If you do not have online access, your therapist will complete this with you at the first in-person appointment. Alternatively we can post this out to you if necessary.

<https://www.therapypartners.co.uk/client-agreements>

Treatment Options

Your scheduled appointment will last for approximately 50 minutes although an assessment appointment may last up to an hour and a half.

Your therapist will give you their direct email address which we request you use for contacting your therapist to arrange or reschedule appointments etc.

Payment options

Once a date and time has been agreed for your session, you will be sent a link to our Bookings Page where you can confirm your attendance and make payment for your session.

Please note that all appointments need to be booked and paid for at least **24hrs or more** before the start of each session, and our cancellation policy can be seen below in blue:

Cancellations via email or telephone to your therapist less than 48 hours before your appointment will count as a session within your treatment allocation. Regrettably we will not be able to offer a refund or reschedule the appointment.

Cancellations via email or telephone to your therapist more than 48 hours before your appointment may be rescheduled depending on the therapist's availability

In Person Therapy

Your therapist will meet you in reception, at your appointment time then accompany you to our therapy rooms on the third floor. As there are a number of stairs to climb in Maidstone, please do let us know before your first appointment if this will present an issue for you. There is limited seating in reception.

Remote Therapy

You therapist will contact you regarding how to access video sessions and provide you with the necessary ID and passwords to gain access. If the technology fails they will contact you by phone unless you advise us not to do so.

Maidstone Clinic, MCSC, 39-48 Marsham Street, Maidstone, ME14 1HH

Dorset Clinic, Prospect House, Business Centre Office F5, 41 Peverell Avenue East, Poundbury, Dorchester, Dorset, DT1 3WE



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Getting the best from Therapy

It is always helpful to have an idea about what you would like to gain from therapy, so perhaps you could ask yourself, what might be different after my sessions. This will help you and your therapist to work together on your problems and goals in the most effective way. These are YOUR sessions so if there is something you aren't sure about or would prefer, we would encourage you to discuss this with your therapist at any time during your treatment schedule.

Therapy Types

Please see our website for more details on therapy for individuals, families, couples etc.

www.therapypartners.co.uk/therapy-and-counselling/types-of-therapy

We have a range treatment options available to you. For instance, it can be helpful for you to consider whether you are someone who works through your problems while talking aloud, or whether you might prefer something slightly more structured e.g. perhaps to learn some new coping strategies.

How to find us: Offices in Maidstone

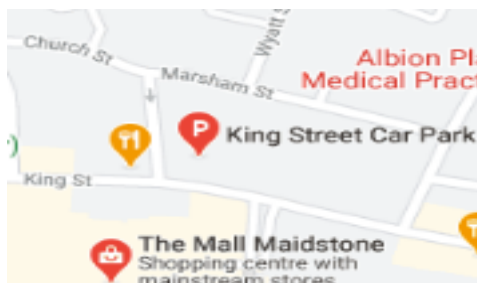


Maidstone Community Support Centre
39-48 Marsham St, Maidstone ME14 1HH



Parking

There is limited on road parking around the centre, but there are a number of car parks the largest of which is on King Street (ME14 1DB) and Wyatt Street which is a short walk from the centre.



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